

Thompson Rivers Parks & Recreation District

Little Riders

Fun-Damental Soccer Rules



Objective

The objective of this soccer league is to allow young players a first instructional step into soccer. An emphasis will be placed on teaching the basic fundamentals that lead players on the road to a successful and safe future as soccer players and sportsmen, and women. The coaches' responsibility is not to teach winning but to instruct players to learn skills that will allow them to win in the future with the underlining theme of having FUN.

Rules

1) Team Rosters:

- a. Minimum Players
 - At least five (5) players to play the game. There may be a decision at game time by the coaches to trade or adjust the player rule.
- b. Number of players on a team
 - Will always be determined by registration.
- c. Number of players on the field
 - 6U - 5 on 5 no goalie
 - 8U - 6 on 6 including a goalie

2) Equipment

- a. Equipment for the players must be checked and monitored throughout the game by coaches
- b. Game Ball-
 - 6U - Size 3
 - 8U - Size 3
- c. Field Dimensions shall be (May vary based on field availability)
 - 6U - 30 X 40 Yards
 - 8U - 40 X 50 Yards
- d. Jerseys
 - All participants must have a TRPR athletic jersey in order to play. Jerseys can be purchased at the TRPR office. Numbers and names on the jerseys **will not** be allowed.
 - All participants must have jersey showing at time of play. All extra clothing may go underneath jersey.
- e. Shin Guards are required for all participants and must be completely covered by socks.
- f. Jewelry- Players are not to wear jewelry of any kind. New piercing can be taped at the official's discretion.
- g. Footwear- Shall be safe-tennis shoes or soccer cleats (no toe cleat). No street shoes

3) Timing Rules

- a. Regulation- All will be a running clock!
 - 6U - Four (4), eight (8) Minute Quarters
 - 8U - Two (2), twenty (20) Minute halves
- b. Half Time
 - Will be no longer than 5 minutes
- c. Overtime
 - There will be no over time.
- d. Time-Outs
 - One time out may be taken per half.

4) Playing Rules

- a. No Penalty kicks
- b. 6U - No Direct Kicks, Indirect Kicks
8U - No Direct Kicks, Indirect Kicks will be allowed
- c. 6U - No Goal Kicks
8U - Goal kicks allowed when the ball goes out of bounds on the end line and is touched by attacking players. Ball has to exit the goal box before it can be played.

- d. No Corner Kicks
- e. No Off sides
- f. No Side Tackling
- g. Kick off
 - will be used:
 1. At the start of the game (Clock will start as the ball is moved **forward** in the kick off)
 2. After a goal has been scored
 3. At the start of each quarter or half
 4. The opponents of the team taking the kick off must be on the outside of the center circle.
 - The kicker **may not** touch the ball a second time until it has touched another player
 - A goal can not be scored off of the kick off. If this occurs the ball will be turned over to the other team and done as a throw in.
- h. Throw Ins
 - A throw in is awarded when ball goes out of bounds and was last touched by an opponent. (the ball must wholly cross the line)
 - All throw ins will be done from the side line.
 - Throw in must touch another player prior to going into the goal
 - A correct throw in will be counted if:
 1. Both hands are on the ball at it's sides
 2. Both feet are touching the ground at the same time of the throw
 3. Throw needs to be done over the head
 4. If throw in is done wrong the referee will have the same child re-do it, if it is still done wrong the ball will be turned over to the other team.
- i. Goalie (8U only)
 - Can use hands within goal box
 - Must have a penny or goalie shirt that is a different color than both teams. (Provided at Games)
- j. Hands
 - No players may touch the ball with their hands unless they are stipulated as the goalie prior to the start of play.
 - 6U - If the ball is touched by a players hands the ball will be the opponents throw-in.
 - 8U - If the ball is touched by a players hands it will be an indirect kick by the opposing team.
- k. Players:
 - Will have the least amount of contact with the other players.
- l. Coaches
 - 6U - One coach per team is allowed and suggested to be on the field while the game is being played
 - 6U - Coaches will be in charge of refereeing the game as well as game clock management.
 - 8U - Referees will be provided.

5) Other League Rules

- a. Practice
 - Practice sessions should not exceed 1 hour in length.
 1. 6U - no more than 1 practice a week
 2. 8U - no more than 2 practices a week
 - Rescheduling a canceled practice due to weather or other conflict should be done through the TRPR office with a two day notice.
 - Shall be up to the coach to cancel in case of inclement weather
- b. Parents
 - Each coach is required to keep control of his/her team and parents. The coach shall be held directly responsible for the behavior of its team players, assistant coaches, parents, and fans. There will be no tolerance of any abuse towards anyone associated with the game. After a warning has been issued, the offender will be instructed to vacate the facility for the remainder of the game. If the offender chooses not to leave, the game will be forfeited.
- c. Rotation of players
 - Each player shall receive equal playing time on both offense and defense as much as possible.

d. Games

- Will be held on Saturdays
- In case of inclement weather the game will be canceled at TRPR's discretion and the weather line will be updated (970-572-7888)
- Make up games will only be made up if time allows.